

2010 INA ALL-STATE FOOTBALL TEAMS ANNOUNCED

DES MOINES, IA – The Iowa Newspaper Association announced its 2010 All-State Football selections.

Class 4A First Team

Offense	Tight End	Ben Boesen	Dowling Catholic, West Des Moines	6-4	210	Sr.
Offense	Wide Receiver	Quenton James	Sioux City East	6-2	170	Sr.
Offense	Wide Receiver	Amara Darboh	Dowling Catholic, West Des Moines	6-2	200	Sr.
Offense	Lineman	Tyler Swope	Assumption, Davenport	6-4	265	Sr.
Offense	Lineman	Zach Thompson	Ankeny	6-3	240	Sr.
Offense	Lineman	Dan Mahoney	Dowling Catholic, West Des Moines	6-2	245	Sr.
Offense	Lineman	Dan Minchk	Iowa City, City High	6-0	240	Sr.
Offense	Lineman	Jake Arthur	North Scott, Eldridge	6-4	275	Sr.
Offense	Quarterback	Connor Bravard	Dowling Catholic, West Des Moines	6-0	190	Sr.
Offense	Back	Austin Ebertowski	Council Bluffs Abraham Lincoln	6-0	210	Sr.
Offense	Back	Barkley Hill	Cedar Falls	6-0	200	Jr.
Offense	Back	Jer Garman	Linn-Mar, Marion	5-9	170	Sr.
Offense	Kicker	Kevin Sheldon	Valley, West Des Moines	5-11	170	Sr.
Offense	Utility	Andrew McNulty	Iowa City, City High	6-2	192	Sr.
Defense	Lineman	Issac Ales	Muscatine	6-3	245	Sr.
Defense	Lineman	Jamison Lalk	Council Bluffs Abraham Lincoln	6-6	245	Sr.
Defense	Lineman	Brody Berrie	Bettendorf	6-1	285	Sr.
Defense	Lineman	Chase Kleopfer	Xavier, Cedar Rapids	6-3	220	Sr.
Defense	Linebacker	Christian French	Cedar Rapids, Kennedy	6-5	230	Sr.
Defense	Linebacker	Nate Shaw	Bettendorf	6-1	185	Jr.
Defense	Linebacker	Ben Challgren	Cedar Falls	6-2	218	Jr.
Defense	Linebacker	Alex Eaton	Valley, West Des Moines	6-0	195	Sr.
Defense	Back	Eric Lee	Dowling Catholic, West Des Moines	5-8	160	Sr.
Defense	Back	Darreus Caston	Fort Dodge	5-8	165	Sr.
Defense	Back	Travis Perry	Urbandale	6-3	215	Sr.
Defense	Punter	Logan Bieghler	Southeast Polk	6-2	225	Sr.
Defense	Utility	Gage Ridenour	Bettendorf	6-1	190	Sr.

Class 4A Second Team

Offense	Tight End	Griffin Gaeta	Muscatine	6-6	200	Jr.
Offense	Wide Receiver	Tony Bakeris	Davenport Central	6-3	195	Sr.
Offense	Wide Receiver	James Harrington	Cedar Falls	6-1	165	Jr.
Offense	Lineman	Peter Ickes	Xavier, Cedar Rapids	6-0	195	Sr.
Offense	Lineman	Ross Ellsworth	Cedar Rapids, Kennedy	6-1	220	Sr.
Offense	Lineman	Dane Jensen	Ames	6-3	225	Sr.
Offense	Lineman	Jacob Whaley	Marshalltown	6-4	230	Sr.
Offense	Lineman	Landon Ashbrook	Fort Dodge	6-2	240	Sr.
Offense	Quarterback	Paul Jindrich	Muscatine	5-10	180	Sr.
Offense	Back	Alex Carr	Cedar Rapids, Washington	5-10	172	Jr.
Offense	Back	Aaron Huber	North Scott, Eldridge	6-2	200	Sr.

Offense	Back	Martin Looney	Valley, West Des Moines	6-0	170	Sr.
Offense	Kicker	Ben Trewyn	Pleasant Valley	5-10	175	Jr.
Defense	Lineman	Amos Lavela	Iowa City, City High	5-8	187	Soph.
Defense	Lineman	Mike Malek	Sioux City East	6-3	250	Sr.
Defense	Lineman	Josip Juric	Dowling Catholic, West Des Moines	6-3	245	Sr.
Defense	Lineman	Tyler Schmitt	Urbandale	6-1	235	Sr.
Defense	Linebacker	Brad Hagerla	Johnston	6-3	210	Sr.
Defense	Linebacker	Brandon Abernathy	Indianola	6-2	210	Sr.
Defense	Linebacker	Nate Cruise	Ames	6-1	190	Sr.
Defense	Linebacker	Rob Myers	Ankeny	6-0	190	Sr.
Defense	Back	Brad Duwe	Dubuque Hempstead	5-11	165	Sr.
Defense	Back	Tim Kilfoy	Assumption, Davenport	6-1	180	Jr.
Defense	Back	Josh Jahlas	Cedar Rapids, Kennedy	6-1	180	Jr.
Defense	Punter	Levi Peters	Fort Dodge	6-0	180	Sr.

Class 4A Third Team

Offense	Tight End	Sam Joens	Prairie, Cedar Rapids	6-3	185	Sr.
Offense	Wide Receiver	Devin Thomas	Council Bluffs Abraham Lincoln	5-8	150	Sr.
Offense	Wide Receiver	Conner Alberhasky	Iowa City, City High	6-0	182	Sr.
Offense	Lineman	Nick Beckman	Iowa City, City High	6-2	260	Sr.
Offense	Lineman	Mitch Berendes	Dubuque Hempstead	5-11	195	Sr.
Offense	Lineman	Hunter Spreen	Bettendorf	6-0	270	Sr.
Offense	Lineman	Ben Reinartz	Davenport Assumption	6-5	300	Sr.
Offense	Lineman	Mack Mahmens	Linn-Mar, Marion	6-2	295	Sr.
Offense	Quarterback	Kyle Anderson	Ames	6-2	200	Sr.
Offense	Back	Dalton Parrott	Dowling Catholic, West Des Moines	5-10	170	Sr.
Offense	Back	Pat Chizek	Xavier, Cedar Rapids	5-10	180	Sr.
Offense	Back	Josh Osborn	Burlington	5-11	175	Sr.
Offense	Kicker	Tanner Riley	Prairie, Cedar Rapids	5-10	195	Sr.
Defense	Lineman	Ethan Bartlett	Fort Dodge	6-0	200	Sr.
Defense	Lineman	Anthony Baker	Sioux City West	6-3	255	Sr.
Defense	Lineman	Bryan Varisco	Southeast Polk	5-10	230	Sr.
Defense	Lineman	Cody Tennison	Waukee	6-3	225	Sr.
Defense	Linebacker	Ryan Langford	Assumption, Davenport	6-3	205	Sr.
Defense	Linebacker	Ely Emery	Ottumwa	6-3	220	Sr.
Defense	Linebacker	Zach Swehla	Iowa City, City High	5-9	156	Sr.
Defense	Linebacker	Tanner Donovan	Southeast Polk	6-1	230	Jr.
Defense	Back	Jason McMurray	Dowling Catholic, West Des Moines	6-1	175	Sr.
Defense	Back	Jeremy Johnson	Iowa City, City High	5-9	157	Jr.
Defense	Back	David Tann	Cedar Rapids, Washington	5-11	190	Jr.
Defense	Punter	Matt Andriano	Ankeny	5-11	160	Jr.

Class 3A First Team

Offense	Tight End	Henry Krieger-Coble	Mount Pleasant	6-4	218	St.
Offense	Wide Receiver	Brady Roland	Carlisle	6-2	160	Sr.
Offense	Wide Receiver	Nick Clancy	South Tama County, Tama	6-3	188	Sr.
Offense	Lineman	Austin Blythe	Williamsburg	6-3	285	Sr.
Offense	Lineman	Chris Bandstra	Pella	6-4	220	Sr.

Offense	Lineman	Mike Smithburg	Fairfield	6-4	305	Sr.
Offense	Lineman	Tyler Smith	Solon	6-0	220	Sr.
Offense	Lineman	Ben Wallace	Grinnell	6-6	240	Sr.
Offense	Quarterback	Paul Jacobsen	Bishop Heelan, Sioux City	6-1	180	Jr.
Offense	Back	Wes Burnside	Union, La Porte City	5-9	190	Jr.
Offense	Back	Dylan Barrett	Harlan	6-0	195	Sr.
Offense	Back	Michael Malloy	Bishop Heelan, Sioux City	6-0	175	Jr.
Offense	Kicker	Marshall Koehn	Solon	6-1	175	Sr.
Offense	Utility	Brandon Domyer	West Delaware, Manchester	6-0	195	Sr.
Defense	Lineman	Adam Wenck	Lewis Central	6-1	215	Sr.
Defense	Lineman	Robert Rathje	Benton, Van Horne	6-5	260	Jr.
Defense	Lineman	Joe Carber	Central Clinton, DeWitt	6-4	260	Jr.
Defense	Lineman	Levi Epley	Waverly-Shell Rock	6-2	250	Sr.
Defense	Linebacker	Josh Pringle	Pella	6-3	180	Sr.
Defense	Linebacker	Taylor Berger	Carroll	5-8	175	Jr.
Defense	Linebacker	Jeremy Nelson	Bishop Heelan, Sioux City	6-1	205	Jr.
Defense	Linebacker	Jake McDonald	Marion	6-2	190	Jr.
Defense	Back	Darian Colton	Mount Pleasant	6-0	160	Sr.
Defense	Back	Cody Sacquitne	Decorah	6-2	165	Sr.
Defense	Back	Eric Larson	Waverly	6-2	165	Sr.
Defense	Punter	Pete Fitzsimmons	Bishop Heelan, Sioux City	6-2	170	Sr.
Defense	Utility	Alex Brown	Harlan	5-11	220	Sr.

Class 3A Second Team

Offense	Tight End	Adam Cave	Harlan	6-4	205	Sr.
Offense	Wide Receiver	Josh Rohret	Clear Creek-Amana	5-8	155	Sr.
Offense	Wide Receiver	Brad Christensen	Carroll	6-1	175	Jr.
Offense	Lineman	Sam Beard	Decorah	6-1	218	Sr.
Offense	Lineman	Chance Benoit	Winterset	6-2	245	Sr.
Offense	Lineman	Austin Kessler	Clear Lake	6-0	205	Sr.
Offense	Lineman	Tom McClimon	DeWitt	6-3	225	Sr.
Offense	Lineman	Nic Williams	Washington	6-3	265	Sr.
Offense	Quarterback	Gavin Glenn	A-D-M, Adel	6-1	165	Jr.
Offense	Back	Brett Waughop	Williamsburg	5-11	190	Sr.
Offense	Back	Zach Twedt	Benton, Van Horne	6-3	220	Sr.
Offense	Back	Adam Rowley	Oskaloosa	6-1	185	Jr.
Offense	Kicker	Trent Wendt	Harlan	5-10	150	Sr.
Defense	Lineman	Jake Morris	Solon	5-11	185	Jr.
Defense	Lineman	Colin Bevins	Creston/O-M	6-5	230	Jr.
Defense	Lineman	Justin Baker	Bishop Heelan, Sioux City	6-1	240	Sr.
Defense	Lineman	Brent Tarr	Clear Lake	6-3	201	Sr.
Defense	Linebacker	James Perez	Hampton-Dumont	5-10	190	Jr.
Defense	Linebacker	Dallas Rozeboom	Rock Valley/Boyden-Hull	5-10	170	Soph.
Defense	Linebacker	Austin Kalzureck	Norwalk	6-4	240	Sr.
Defense	Linebacker	Jay Hildreth	Lewis Central	5-8	150	Sr.
Defense	Back	Dusty Albaugh	Marion	6-1	170	Sr.
Defense	Back	Spencer Boeyink	Pella	6-0	170	Sr.
Defense	Back	Michael McMahan	Algona	5-8	175	Sr.
Defense	Punter	Taylor Ostrich	Carroll	6-3	200	Sr.

Class 3A Third Team

Offense	Tight End	Colton Hoffman	Newton	6-6	220	Sr.
Offense	Wide Receiver	Josh Sampson	A-D-M, Adel	5-9	165	Sr.
Offense	Wide Receiver	Kyle Fink	Oelwein	6-0	172	Sr.
Offense	Lineman	Travis Zimmerman	Ballard	6-5	260	Sr.
Offense	Lineman	Luke Wright	Waverly	6-5	225	Sr.
Offense	Lineman	TJ Gray	Union, La Porte City	6-1	195	Sr.
Offense	Lineman	Dakota Holtkamp	Fort Madison	6-1	275	Sr.
Offense	Lineman	Cole Wentworth	Maquoketa	6-1	215	Jr.
Offense	Quarterback	Dillon Villhauer	Clear Creek-Amana	5-10	155	Jr.
Offense	Back	Keagan Parks	Webster City	6-1	185	Jr.
Offense	Back	Elliott Vandenberg	Keokuk	5-10	160	Sr.
Offense	Back	Jordan Ferch	Grinnell	6-0	195	Sr.
Offense	Kicker	Zach Maxey	Bishop Heelan, Sioux City	6-0	250	Sr.
Defense	Lineman	Cole Stevens	West Delaware, Manchester	6-1	195	Sr.
Defense	Lineman	Tyler Kommes	LeMars	5-11	245	Sr.
Defense	Lineman	Matt Hotek	Fairfield	6-2	265	Sr.
Defense	Lineman	Matt Schmitz	Union, La Porte City	6-3	210	Sr.
Defense	Linebacker	Austin Palmer	West Delaware, Manchester	6-1	195	Sr.
Defense	Linebacker	Zach Gardner	Dallas Center Grimes	6-0	184	Jr.
Defense	Linebacker	Derek Schwarts	Harlan	6-1	190	Sr.
Defense	Linebacker	Jackson Sawyber	Winterset	6-3	179	Sr.
Defense	Back	Nate Wilmes	Carlisle	5-10	170	Sr.
Defense	Back	Griffin Feller	Charles City	6-0	185	Sr.
Defense	Back	Eric Toole	Lewis Central	6-0	148	Sr.
Defense	Punter	B.J. Kardell	Spencer	5-6	170	Sr.

Class 2A First Team

Offense	Tight End	Brandon Van Zandt	Wilton	6-4	195	Jr.
Offense	Wide Receiver	Ty Troutman	Beckman, Dyersville	5-9	155	Jr.
Offense	Wide Receiver	Zach Pechous	Iowa City Regina	5-11	160	Sr.
Offense	Lineman	Owen Eckhart	West Marshall	5-11	263	Sr.
Offense	Lineman	Matt Romoser	Sigourney-Keota	6-4	205	Sr.
Offense	Lineman	Zach Ries	Iowa City Regina	5-10	250	Jr.
Offense	Lineman	Brock Dagele	Cherokee, Washington	6-7	250	Sr.
Offense	Lineman	Lathan Bass	South Central Calhoun	6-0	243	Sr.
Offense	Quarterback	Jack Verducci	Iowa City Regina	6-0	203	Sr.
Offense	Back	Andrew Utterback	Sigourney-Keota	6-0	185	Sr.
Offense	Back	Jake Greco	North Fayette	6-1	190	Jr.
Offense	Back	Dalton Ferch	West Marshall	5-10	175	Jr.
Offense	Kicker	Michael Schmadeke	Columbus Catholic, Waterloo	5-11	170	Sr.
Offense	Utility	Lamar Sayles	Columbus Catholic, Waterloo	6-2	215	Sr.
Defense	Lineman	Jared Henkenius	Kuemper Catholic, Carroll	6-1	230	Sr.
Defense	Lineman	Braden Lehman	Iowa City Regina	6-7	245	Sr.
Defense	Lineman	Colton Hill	North Polk, Alleman	6-0	180	Sr.
Defense	Lineman	Patrick McCaffery	Iowa City Regina	6-3	240	Sr.
Defense	Linebacker	Cory Morrissey	Gilbert	6-4	230	Sr.
Defense	Linebacker	Kirby Kendrick	Beckman, Dyersville	5-10	210	Soph.

Defense	Linebacker	Noah Pickard	North Polk, Alleman	6-2	200	Jr.
Defense	Linebacker	Kevin Vierow	North Fayette, West Union	6-0	175	Jr.
Defense	Back	Sam Tvedt	Pella Christian	5-8	150	Sr.
Defense	Back	Hutch Burns	PCM, Monroe	5-9	160	Jr.
Defense	Back	Reid Nuss	North Fayette, West Union	6-3	195	Sr.
Defense	Punter	Wyatt Sann	Clarion-Goldfield	5-11	175	Jr.
Defense	Utility	Gabe Doornink	Sioux Center	6-0	165	Sr.

Class 2A Second Team

Offense	Tight End	Jacob Rathmacher	Roland-Story	6-5	240	Sr.
Offense	Wide Receiver	Dominik Lensing	South Winneshiek, Calmar	6-0	175	Sr.
Offense	Wide Receiver	Andrew Broderick	Baxter, C-M-B	5-11	185	Jr.
Offense	Lineman	Will Kincart	Davis County, Bloomfield	6-2	225	Sr.
Offense	Lineman	Tyler Dunkel	Beckman, Dyersville	6-1	225	Sr.
Offense	Lineman	Trevor Hall	North Polk, Alleman	6-1	220	Sr.
Offense	Lineman	Daniel Westphalen	Sheldon	6-0	215	Sr.
Offense	Lineman	Tanner Creery	North Fayette, West Union	6-2	200	Sr.
Offense	Quarterback	Kyle Nikkel	Pella Christian	6-6	230	Sr.
Offense	Back	Anthony Halsch	Iowa City Regina	5-11	190	Sr.
Offense	Back	Kile Overmeyer	Albia	5-9	171	Sr.
Offense	Back	Michael Strautman	Kuemper Catholic, Carroll	5-7	175	Jr.
Offense	Kicker	Trey Hugen	Pella Christian	5-10	175	Sr.
Defense	Lineman	Bret Johnson	Roland-Story	6-3	255	Sr.
Defense	Lineman	Willy Bremer	Davis County, Bloomfield	5-9	200	Sr.
Defense	Lineman	Cole Blair	South Central Calhoun	5-11	220	Sr.
Defense	Lineman	Sean Sellers	Sigourney-Keota	6-0	225	Sr.
Defense	Linebacker	Jacob Vollstedt	Iowa City Regina	6-0	222	Jr.
Defense	Linebacker	Ethan Calvert	Interstate 35, Truro	6-0	200	Sr.
Defense	Linebacker	Brett Nieuwsma	Pella Christian	6-0	210	Sr.
Defense	Linebacker	Brian Hengeveld	Western Christian, Hull	6-2	210	Sr.
Defense	Back	Dylan Stepleton	Wilton	6-2	155	Jr.
Defense	Back	Nick Eastburn	Monticello	6-3	210	Sr.
Defense	Back	Mike Sullens	Camanche	6-2	207	Sr.
Defense	Punter	Calvin Mathews	Davis County, Bloomfield	6-1	190	Jr.

Class 2A Third Team

Offense	Tight End	Kyle Frisch	Sumner-Fredricksburg	6-3	210	Sr.
Offense	Wide Receiver	Robbie Anstoetter	Beckman, Dyersville	6-1	185	Jr.
Offense	Wide Receiver	Jacob Darbyshire	Mediapolis	6-1	165	Jr.
Offense	Lineman	Allen George	Bondurant-Farrar	6-2	260	Sr.
Offense	Lineman	Andrew Nodtvedt	Central Springs	6-5	215	Jr.
Offense	Lineman	Trevor Van Den Top	Western Christian, Hull	6-3	215	Jr.
Offense	Lineman	Justin Burgart	New Hampton	6-4	240	Sr.
Offense	Lineman	Blake Rasmussen	Clarion Goldfield	6-5	210	Sr.
Offense	Quarterback	Connor Golden	Beckman, Dyersville	6-0	160	Jr.
Offense	Back	Lee Schuhhardt	New Hampton	5-8	153	Sr.

Offense	Back	Brody Barthelman	Mid-Prairie, Wellman	5-9	165	Sr.
Offense	Back	Max Lund	Central Springs	5-11	185	Sr.
Offense	Kicker	Curtis Prull	Monticello	6-1	215	Sr.
Defense	Lineman	Cody Grimes	North Fayette, West Union	6-2	200	Sr.
Defense	Lineman	Michael Goerd	Columbus Catholic, Waterloo	6-1	220	Sr.
Defense	Lineman	Jerod Franzen	North Fayette, West Union	6-1	230	Jr.
Defense	Lineman	Zac Bietz	Mediapolis	6-3	190	Sr.
Defense	Linebacker	Nathan Van Zante	Eddyville-Blakesburg	5-8	135	Sr.
Defense	Linebacker	Will Janssen	Mediapolis	6-1	195	Sr.
Defense	Linebacker	Berkley Grimm	Iowa City Regina	6-0	240	Sr.
Defense	Linebacker	Brett Johnson	Camanche	6-1	162	Sr.
Defense	Back	Logan Chesler	West Marshall, State Center	5-9	142	Sr.
Defense	Back	Logan Kline	Sigourney-Keota	6-1	180	Sr.
Defense	Back	Josh Martsching	Davis County, Bloomfield	6-1	200	Jr.
Defense	Punter	Brian Goerd	Tipton	6-3	215	Sr.

Class 1A First Team

Offense	Tight End	Levi Ettleman	Logan-Magnolia	6-4	290	Sr.
Offense	Wide Receiver	Steve O'Neill	St. Albert, Council Bluffs	5-11	165	Sr.
Offense	Wide Receiver	Josh Thompson	Garner-Hayfield	6-2	170	Sr.
Offense	Lineman	Jonathon Hodges	Woodward-Granger	6-2	220	Sr.
Offense	Lineman	Zach Toben	Aplington-Parkersburg	6-4	260	Sr.
Offense	Lineman	Joel Ter Wee	West Lyon, Inwood	6-3	215	Sr.
Offense	Lineman	Marco Naughton	St. Albert, Council Bluffs	6-1	285	Sr.
Offense	Lineman	Trent Erickson	Eagle Grove	6-0	266	Sr.
Offense	Quarterback	Jace Engstler	Garner Hayfield	6-2	170	Jr.
Offense	Back	Eric Joblinske	Dike-New Hartford	5-10	190	Sr.
Offense	Back	Connor O'Brien	Wapsie Valley, Fairbank	6-1	195	Sr.
Offense	Back	Cody Ahrendt	West Lyon, Inwood	6-2	215	Sr.
Offense	Kicker	Gabe Meis	St. Albert, Council Bluffs	6-1	170	Sr.
Offense	Utility	Jake Gentile	St. Albert, Council Bluffs	6-0	175	Sr.
Defense	Lineman	Ben McCain	Emmetsburg	6-1	165	Sr.
Defense	Lineman	Evan Mikels	Logan-Magnolia	6-1	270	Sr.
Defense	Lineman	Brendan Ter Wee	West Lyon, Inwood	5-11	260	Sr.
Defense	Lineman	Troy Irvin	Dike-New Hartford	5-11	195	Sr.
Defense	Linebacker	Vincent Whipple	Eagle Grove	5-10	170	Sr.
Defense	Linebacker	Mitchell Schroeder	North Cedar, Stanwood	6-0	190	Sr.
Defense	Linebacker	Jackson Steinberg	Saint Ansgar	6-3	245	Jr.
Defense	Linebacker	Jack Manning	Woodward-Granger	5-11	175	Sr.
Defense	Back	Jake Allen	Treynor	5-10	165	Sr.
Defense	Back	Adam Teunissen	West Lyon, Inwood	6-4	180	Jr.
Defense	Back	Cody Marsh	Saint Ansgar	5-10	180	Sr.
Defense	Punter	Brandon Young	West Branch	6-1	180	Jr.
Defense	Utility	Josh Treybal	Hartley-Melvin-Sanborn	6-2	225	Sr.

Class 1A Second Team

Offense	Tight End	Logan Murry	West Branch	6-4	205	Sr.
Offense	Wide Receiver	Michael Wiedemann	Dike-New Hartford	6-1	175	Sr.
Offense	Wide Receiver	Rilen Carew	West Branch	6-1	180	Sr.

	Receiver					
Offense	Lineman	Dustin Pritchett	Mount Ayr	6-2	275	Jr.
Offense	Lineman	Derrick Miller	West Branch	5-11	205	Jr.
Offense	Lineman	Tyler Henderson	Emmetsburg	6-0	240	Sr.
Offense	Lineman	Grant Greenfield	Sibley-Ocheyedan	6-5	239	Jr.
Offense	Lineman	Tanner Johnson	Dike-New Hartford	5-11	255	Sr.
Offense	Quarterback	Seth Tuttle	Sheffield West Fork	6-8	200	Sr.
Offense	Back	Andrew Wellik	Emmetsburg	5-11	190	Soph.
Offense	Back	Jason Grill	Aplington-Parkersburg	5-10	175	Jr.
Offense	Back	Andrew McCune	Woodward-Granger	6-1	235	Soph.
Offense	Kicker	Carter Funke	Maquoketa Valley, Delhi	5-11	190	Soph.
Defense	Lineman	Mitchell Udell	Hinton	6-3	285	Soph.
Defense	Lineman	Dante Copeland	Panorama, Panora	6-4	290	Soph.
Defense	Lineman	Zach Rathman	Lawton-Bronson	5-9	165	Soph.
Defense	Lineman	Logan Lukavsky	West Branch	6-2	215	Sr.
Defense	Linebacker	Dylan Bellows	Aplington-Parkersburg	6-1	205	Sr.
Defense	Linebacker	Greg Hegstad	Hartley-Melvin-Sanborn	6-1	180	Sr.
Defense	Linebacker	Jake Carlson	Emmetsburg	6-3	195	Sr.
Defense	Linebacker	Blake Quam	Nodaway Valley	5-9	175	Sr.
Defense	Back	Jacob Musser	Woodward-Granger	5-11	145	Jr.
Defense	Back	Brady Berkland	Emmetsburg	5-9	165	Jr.
Defense	Back	Austin Ryan	Aplington-Parkersburg	5-7	165	Sr.
Defense	Punter	Cameron Vinsand	Highland, Riverside	5-10	205	Soph.

Class 1A Third Team

Offense	Tight End	Beau Hassebroek	West Lyon, Inwood	6-3	215	Sr.
Offense	Wide		Nodaway Valley	6-3	185	Sr.
Offense	Receiver	Spencer Scar				
Offense	Wide		Hartley-Melvin-Sanborn	6-2	165	Sr.
Offense	Receiver	Cody Leng				
Offense	Lineman	Dillon Miller	Logan-Magnolia	5-8	180	Sr.
Offense	Lineman	Chris Noty	Garner-Hayfield	6-2	260	Sr.
Offense	Lineman	Kielan Sullivan	West Fork, Sheffield	5-10	235	Sr.
Offense	Lineman	Dalton Behounek	Gladbrook Reinbeck	5-11	255	Sr.
Offense	Lineman	Nathan Somsy	Woodward-Granger	6-0	270	Jr.
Offense	Quarterback	Cory Schultes	Emmetsburg	6-1	175	Sr.
Offense	Back	Matt Finch	Hartley-Melvin-Sanborn	5-9	155	Sr.
Offense	Back	Austin Rutherford	Eagle Grove	6-0	223	Sr.
Offense	Back	Jordan Mitchell	Turkey Valley, Jackson Junction	5-9	170	Jr.
Offense	Kicker	Chris Stuhrenberg	Manson Northwest Webster	6-1	195	Jr.
Defense	Lineman	Austin McCartan	Emmetsburg	6-0	180	Soph.
Defense	Lineman	Tanner Hulst	Gladbrook-Reinbeck	5-11	190	Sr.
Defense	Lineman	Jared Krucke	Maquoketa Valley, Delhi	6-5	233	Sr.
Defense	Lineman	Connor Marnin	West Central Valley, Stuart	6-2	270	Sr.
Defense	Linebacker	Si Eiklenborg	Dike-New Hartford	5-10	175	Jr.
Defense	Linebacker	Tanner Tenley	North Cedar, Stanwood	6-0	170	Jr.
Defense	Linebacker	Alex Severn	Treynor	5-10	210	Sr.
Defense	Linebacker	Nick Thompson	West Lyon, Inwood	6-0	215	Sr.
Defense	Back	Bobby Gappa	Emmetsburg	6-0	170	Sr.
Defense	Back	Tanner Loots	Northeast, Goose Lake	5-10	160	Sr.
Defense	Back	J.C. Watts	Panorama, Panora	6-1	160	Sr.
Defense	Punter	Royce Byrnes	Lake Mills	6-2	170	Sr.

Class A First Team

Offense	Tight End	Jevohn Miller	B-G-M, Brooklyn	6-2	230	Sr.
Offense	Wide Receiver	Lucas Hefty	North Tama, Traer	6-5	205	Sr.
Offense	Wide Receiver	James Wright	Woodbury Central, Merville	6-5	215	Sr.
Offense	Lineman	Tyler Ahrens	Madrid	6-4	255	Sr.
Offense	Lineman	Zach Snyder	Belle Plaine	6-6	285	Sr.
Offense	Lineman	Jacob Armstrong	Bedford	5-10	170	Sr.
Offense	Lineman	Blake Louscher	Newman Catholic, Mason City	6-4	195	Sr.
Offense	Lineman	Nathan Jones	North Tama, Traer	6-0	285	Sr.
Offense	Quarterback	Brendon Boerm	North Tama, Traer	6-0	175	Sr.
Offense	Back	Timon Bell	Madrid	5-11	187	Sr.
Offense	Back	Jeremy Johnson	Madrid	5-11	160	Sr.
Offense	Back	Ben Buffington	Newman Catholic, Mason City	6-1	170	Sr.
Offense	Kicker	Steve Topete	West Sioux, Hawarden	5-6	145	Sr.
Offense	Utility	Grady Gallagher	Woodbury Central, Merville	6-0	165	Sr.
Defense	Lineman	Eric Simmons	Madrid	6-3	270	Sr.
Defense	Lineman	Brandon Svoboda	North Tama, Traer	6-0	180	Sr.
Defense	Lineman	Troy Farrier	Waco, Wayland	6-3	210	Sr.
Defense	Lineman	Dillon McKee	West Sioux, Hawarden	6-1	120	Sr.
Defense	Linebacker	Jordan Walston	Bedford	5-10	170	Sr.
Defense	Linebacker	Kyle Hawkins	B-G-M, Brooklyn	6-0	225	Sr.
Defense	Linebacker	Tevin Brinson	Newman Catholic, Mason City	5-11	180	Sr.
Defense	Linebacker	Cade Isenhower	North Tama, Traer	5-11	190	Sr.
Defense	Back	Scott Paulus	Rockford	6-1	185	Sr.
Defense	Back	Eric Loutsch	Gehlen Catholic, LeMars	6-2	205	Sr.
Defense	Back	Ryan Swanson	West Hancock, Britt	5-10	170	Sr.
Defense	Punter	Michael Kelchen	Edgewood-Colesburg	6-1	160	Jr.
Defense	Utility	Spencer Shepherd	Waco, Wayland	5-11	175	Sr.

Class A Second Team

Offense	Tight End	Willie Lawrence	Bedford	6-1	180	Sr.
Offense	Wide Receiver	Drew Verstegen	Newman Catholic, Mason City	6-3	180	Sr.
Offense	Wide Receiver	Austin Allen	Southeast Warren, Liberty Center	5-10	155	Jr.
Offense	Lineman	Tim Nemechek	Central Elkader	6-0	240	Sr.
Offense	Lineman	Mike Sievers	Madrid	6-6	235	Sr.
Offense	Lineman	Weston Neuendorf	Colo-Nesco	6-4	245	Jr.
Offense	Lineman	Ben Neal	Rockford	6-0	233	Jr.
Offense	Lineman	Micah Neary	Gehlen Catholic, LeMars	6-1	245	Jr.
Offense	Quarterback	Taylor Wurth	Gehlen Catholic, LeMars	6-2	184	Sr.
Offense	Back	Trevor Bouma	Gehlen Catholic, LeMars	5-11	190	Jr.
Offense	Back	Travis Dougherty	Bedford	6-0	167	Jr.
Offense	Back	Cole Larsen	Guthrie Center	5-4	160	Sr.
Offense	Kicker	Blake Thompson	Corning	5-11	165	Sr.
Defense	Lineman	Garrett Hinrichs	HLV, Victor	6-2	210	Sr.
Defense	Lineman	Shane Walston	Bedford	6-1	175	Sr.
Defense	Lineman	Chris Eral	Gehlen Catholic, LeMars	5-10	196	Sr.
Defense	Lineman	Brandon Imoehl	Postville	6-2	200	Jr.
Defense	Linebacker	Dustin Clark	Guthrie Center	6-4	215	Sr.

Defense	Linebacker	Dillon McClenathan	HLV, Victor	5-10	175	Jr.
Defense	Linebacker	Kirk Salnave	Montezuma	5-10	175	Sr.
Defense	Linebacker	Joe Roden	West Harrison, Mondamin	6-0	195	Sr.
Defense	Back	Spencer Capitani	Northwood-Kensett	5-9	160	Sr.
Defense	Back	Garrett Ogan	Montezuma	5-9	160	Sr.
Defense	Back	Ben Knake	Lisbon	6-1	165	Jr.
Defense	Punter	Geoffery Tajaran	Central Elkader	5-10	165	Sr.

Class A Third Team

Offense	Tight End	Brock Hinkel	Madrid	6-6	220	Sr.
Offense	Wide Receiver		Van Meter	5-5	150	Sr.
Offense	Wide Receiver	Tyler Reicks	Woodbury Central, Moville	6-4	180	Soph.
Offense	Lineman	Matthew Wright	North Mahaska	6-6	245	Sr.
Offense	Lineman	Blake Lanphier	Waco, Wayland	6-1	200	Sr.
Offense	Lineman	Randy Caraveo	Clay Central-Everly	5-10	175	Sr.
Offense	Lineman	Evan McCarty	Bedford	5-10	180	Sr.
Offense	Lineman	Joel Lawrence	Bedford	5-10	180	Sr.
Offense	Lineman	Elliot Randel	Grundy Center	6-3	245	Sr.
Offense	Quarterback	Seth Nutting	Southeast Warren, Liberty Center	6-5	180	Sr.
Offense	Back	Zach Tade	Central Elkader	5-7	175	Sr.
Offense	Back	Chris Schleuger	West Hancock, Britt	6-1	235	Soph.
Offense	Back	Jacob Behr	Bishop Garrigan, Algona	5-9	160	Sr.
Offense	Kicker	Colton Townsend	Bedford	5-9	150	Soph.
Defense	Lineman	Devin Groenhagen	Gehlen Catholic, LeMars	5-11	240	Se.
Defense	Lineman	Marcus Benton	Van Meter	6-3	230	Sr.
Defense	Lineman	Brandon Clark	Guthrie Center	6-1	180	Sr.
Defense	Lineman	Kendall Leichty	Waco, Wayland	6-1	280	Jr.
Defense	Linebacker	Tyler Zook	North Tama, Traer	5-8	195	Sr.
Defense	Linebacker	Josh Haber	Woodbury Central, Moville	6-1	125	Jr.
Defense	Linebacker	Matt Bockes	Central Elkader	5-10	185	Sr.
Defense	Linebacker	Austin Larsen	Colo-Nesco	5-10	165	Sr.
Defense	Back	Bodhi Eagle	Waco, Wayland	6-1	150	Sr.
Defense	Back	Nick Efkamp	Madrid	6-0	160	Sr.
Defense	Back	Hunter Nelson	Avoca	5-11	175	Sr.
Defense	Punter	Kevin Elbert	Bishop Garrigan, Algona	5-9	170	Sr.

8-Man First Team

Offense	Wide Receiver		Armstrong-Ringsted	6-4	190	Sr.
Offense	Wide Receiver	Travis Hantelman	Northeast Hamilton, Blairsburg	6-3	170	Jr.
Offense	Lineman	Clay Harreld	Tripoli	6-4	240	Jr.
Offense	Lineman	Karter Schult	Glidden-Ralston	6-2	265	Sr.
Offense	Lineman	Nathan Christians	Lenox	6-2	195	Sr.
Offense	Lineman	Landon Maynes	Lenox	6-2	195	Sr.
Offense	Quarterback	Spencer Clausen	Armstrong-Ringsted	6-5	185	Sr.
Offense	Back	Nate Howard	Graettinger-Terril	6-1	225	Sr.
Offense	Back	Nate Howard	Graettinger-Terril	6-1	225	Sr.
Offense	Back	Marcus Mechelsen	Northeast Hamilton	5-9	160	Jr.
Offense	Back	Nate Meier	Fremont-Mills, Tabor	6-3	220	Jr.
Offense	Kicker	Jacob Esdohr	Coon Rapids-Bayard	6-0	160	Sr.
Offense	Utility	Austin Hancock	Lenox	5-10	175	Sr.
Defense	Lineman	Brett Thackery	Armstrong-Ringsted	5-11	190	Jr.

Defense	Lineman	Jake Johnston	West Central, Maynard	6-1	205	Sr.
Defense	Lineman	Zack Rohrbeck	Glidden-Ralston	6-3	210	Sr.
Defense	Linebacker	Lucas Dalton	Lenox	5-10	160	Sr.
Defense	Linebacker	Caleb Ciavarelli	Clarksville	6-0	210	Jr.
Defense	Linebacker	Tyler Lenox	Tripoli	6-1	215	Sr.
Defense	Back	Eric Hatland	Graettinger-Terril	6-2	185	Sr.
Defense	Back	Taylor Wheatley	Adair-Casey	5-10	170	Sr.
Defense	Punter	Mitch Bonnstetter	West Bend-Mallard	5-10	160	Jr.
Defense	Utility	Jason Feddersen	Preston	6-1	170	Jr.

8-Man Second Team

Offense	Wide Receiver	Dylan Douglas	Lenox	6-0	185	Sr.
Offense	Wide Receiver	Cody Nilges	Tripoli	6-3	185	Sr.
Offense	Lineman	Dylan Meyer	Preston	6-3	240	Sr.
Offense	Lineman	Dominic Aistrope	Fremont-Mills, Tabor	5-11	230	Sr.
Offense	Lineman	Colby Snyder	Remsen-Union	5-10	240	Sr.
Offense	Quarterback	Tim Olejniczak	Ankeny Christian	5-11	165	Sr.
Offense	Back	Austin Christensen	Lenox	5-9	150	Sr.
Offense	Back	Evan Bolt	Janesville	5-10	170	Sr.
Offense	Back	Schylar Bardole	East Greene, Grand Junction	5-11	185	Sr.
Offense	Kicker	Jesus Flores	Newell-Fonda	5-7	125	Sr.
Defense	Lineman	Bryce Kaufmann	Northeast Hamilton	6-3	210	Jr.
Defense	Lineman	Bryson Rezac	Armstrong-Ringsted	6-2	195	Sr.
Defense	Lineman	Troy Brase	West Central, Maynard	6-2	240	Jr.
Defense	Linebacker	Billy Steichen	St. Mary's Remsen	6-1	210	Sr.
Defense	Linebacker	Brandon Nielsen	Newell-Fonda	6-0	170	Sr.
Defense	Linebacker	Cody Eckles	Murray	6-1	175	Sr.
Defense	Back	Tyler Cooklin	East Greene, Grand Junction	5-11	155	Sr.
Defense	Back	Luke Schafer	East Mills	5-6	150	Jr.
Defense	Punter	Tyler Havrum	Stanton	6-2	210	Jr.

8-Man Third Team

Offense	Wide Receiver	Tanner Runyan	CAM, Anita	6-3	190	Sr.
Offense	Wide Receiver	Stacy YoungBear	Meskwaki Settlement School	5-9	165	Sr.
Offense	Lineman	Tanner Bruellman	West Bend-Mallard	6-0	170	Sr.
Offense	Lineman	David Newkirk	Armstrong-Ringsted	6-0	210	Jr.
Offense	Lineman	Andrew Cerven	Stanton	6-4	215	Jr.
Offense	Quarterback	Michael Schwenk	Coon Rapids-Bayand	5-11	160	Sr.
Offense	Back	Brad Bohe	Newell-Fonda	5-9	185	Sr.
Offense	Back	Tyler McDanel	Moravia	5-7	150	Sr.
Offense	Back	Jordan Ricke	North Sentral Kossuth	6-0	170	Sr.
Offense	Kicker	Issac Lopez	Ankeny Christian	5-9	155	Sr.
Defense	Lineman	Joey Carlson	Fremont-Mills, Tabor	6-0	180	Sr.
Defense	Lineman	Zane Phillips	St. Mary's, Remsen	5-9	200	Sr.
Defense	Lineman	Austin Bechthold	Stanton	6-2	220	Jr.
Defense	Linebacker	Jason Carroll	C-W-L, Corwith	5-9	160	Sr.
Defense	Linebacker	Wade Hoyle	Glidden-Ralston	6-0	185	Sr.
Defense	Linebacker	Caleb Rapp	Northeast Hamilton	6-0	180	Sr.

Defense	Back	Austin Halls	Murray	6-0	155	Soph.
Defense	Back	Jalen Cooper	Kee Lansing	6-0	170	Sr.
Defense	Punter	Blaze Alesch	Graettinger-Terril	NA	NA	Soph.